

#### **Fact Sheet**

### Who are we?

The CDPP Sport and Exercise Project Team is an alliance of university, public, private and government sector partners working together to enhance sport and exercise participation among Canadians with physical disabilities.

### What is our mission?

Our mission is to:

- increase the number of children, youth, and adults with a physical disability who participate in sport and exercise; AND
- optimize sport and exercise participation experiences for individuals with a physical disability

# What can the CDPP do for your organization?

We are working to create innovative, evidence-based resources to share with organizations such as yours; organizations that are committed to offering inclusive, high quality sport and exercise information and programming for all Canadians.

## How can your organization get involved?

Over the next 7 years there will be many ways for your organization to get involved. Right now, we need your feedback and your help to get input from parasport program administrators, parasport coaches, children, youth, and adults with a physical disability and parents of children and youth with a physical disability.

# Why should you get involved?

Compared to the general population, people with a physical disability are less active and less likely to experience full and effective participation in sport and exercise. Your input will result in developing best practice recommendations for increasing and enhancing quality of participation in sport and exercise for Canadians living with a physical disability.

To get involved go to:

www.cdpp.ca/get-involved

Please share this link with your network

The CDPP is funded by:



